LET'S RESILENCE THROUGH DESCRIPTION OF THE OUTPOUR ANTER A DEPRESSION

Come learn an empowering way to handle challenging behaviors in a way that builds resilience and strengthens relationships.

YOU can help kids be EVERYDAY STRONG!

Thursday, April 14 • 7:00 - 8:30 pm

Columbia Elementary School 378 South 50 West Kaysville

www.EveryDayStrong.org Questions? Contact Jess Bigler: jessica.bigler@dbhutah.org Scan code to register or visit www.dbhutah.org/everyday-strong





